THE Village INITIATIVE

Helping children, youth and families thrive

Child & Youth Service Providers Networking Event

Thursday, January 14, 2027

Service Provider Reference Guide

This resource list was produced with the support of WorkLink Employment Society

Service areas are summarized for quick reference. Please confirm eligibility and geographic coverage with the organization directly.

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Anney's Closet Society

To provide free household items to people in need by collecting household donations from the community and repurposing them into "stores" for our clients to shop. We divert items from the landfill and in turn serve a vulnerable community.

anneyscloset.ca

anneysbookings@gmail.com

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

South Vancouver Island

Referral Process

Community partners

Costs of Services

Zero cost

BGC South Vancouver Island

To provide safe, supportive places where children and youth can experience new opportunities, overcome barriers, build positive relationships, and develop confidence and skills for life.

https://bgcsvi.org

250-384-9133

admin@bgcsvi.org

Populations Served

- 0-12 yrs
- 12-19 yrs

Service Areas

South Vancouver Island

Referral Process

- Family or Self-referral
- MCFD only
- Community partners
- School Staff

Costs of Services

- Zero cost
- Sliding scale

Big Brothers Big Sisters of Victoria

Big Brothers Big Sisters OF VICTORIA CAPITAL REGION

Populations Served
12-19

Service Areas
Capital Region

Our mission is to enable life-changing mentoring relationships to ignite the power and potential of young people. Mentored youth have the confidence and support they need to grow into whoever they dream of being.

Referral Process

- Family
- School staff
- MCFD
- Community partners

Costs of Services
Zero cost

victoria.bigbrothersbigsisters.ca

250-475-1117

main.victoria@bigbrothersbigsisters.ca

Caring Families Society

Caring Families SOCIETY

Populations Served

- 19 yrs+ (caregivers)

Service Areas
Vancouver Island

We work to establish a nurturing environment for caregivers – "A Supportive Culture" – that empowers the foster caregivers of the region to become involved, and increases their caregiver competency, awareness and accountability.

Referral Process

- Self-referral
- MCFD
- Community partners
- SD62

Costs of Services
Zero cost

https://caring-families.ca

(778) 430-5459

execdirect@caring-families.ca

Child and Youth Mental Health (MCFD)

Child and Youth Mental Health (CYMH) provides free, voluntary mental health services for children, youth, and their families. Support includes assessment and treatment for concerns such as anxiety, depression, behavioural challenges, trauma, self-harm, and suicidal thoughts.

Populations Served
0-18 yrs

Service Areas
Capital Region

Referral Process
Self-referral

Costs of Services
Zero cost

https://www2.gov.bc.ca (clickable)

West Shore
250-391-2223
shana.ehlinger@gov.bc.ca

Sooke
250-642-7748

Indigenous
250-952-4073

South Vancouver Island Eating Disorders Program

South Island EDP serves youth and adults dealing with eating disorders.

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
South Vancouver Island

Referral Process
Physician/NP only

Costs of Services
Zero cost

250-387-0000
Kim.Ellison@gov.bc.ca
https://keltyeatingdisorders.ca/south-vancouver-island-eating-disorders-program/

COMMUNITY SOCIAL PLANNING COUNCIL
Insights · Dialogue · Solutions

The Community Social Planning Council advocat
equity and better quality of life in Greater Victoric
through community-based research and analysi
engaging with citizens, informing policy, and serv
delivery.

Rent Bank

Supporting individuals and families facing eviction through interest-free micro loans, grants, and community referrals.

Populations Served

19 yrs+

Service Areas

Capital Region

https://communitycouncil.ca/rentbank/

(250) 383-6166 ext. 1

greatervictoriarentbank@communitycouncil.ca

Referral Process

Self-referral

Costs of Services

Zero cost

Coordinated ID Service

Client-based, proactive and respectful ID services for people who need it most. Services include managing the application process, waiver of fees, and safe storage of ID.

Populations Served

- 12-19 yrs
- 19 yrs+

Service Areas

Capital Region

https://communitycouncil.ca/id-service/

(250) 383-6166 ext. 6

idservice@communitycouncil.ca

Referral Process

Self-referral

Costs of Services

Zero cost

Construction Foundation of BC (CFBC)

CFBC provides free services for clients that support entry into and growth within the construction industry in BC. This includes skills training, youth-focused programs, credential recognition, career development, certification support, and connections to industry and community resources.

cfbc.ca/we/

(250) 220- 5861

info@cfbc.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

British Columbia

Referral Process

- Self-referral
- Community Partners

Costs of Services

Zero cost

Edward Milne Community School Society

The EMCS Society Program Office works to build partnerships with individuals and organizations in the community to provide life-long learning opportunities for people of all ages in the Sooke Region.

emcsprograms.ca

(250) 642-6371

emcsprograms@sd62.bc.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Sooke

Referral Process

Self-referral

Costs of Services

- Zero cost
- Sliding scale

English Savvy Pro

We provide online English test preparation for international students and newcomer families working toward Canadian immigration and permanent residency. Through clear instruction, practical test-taking strategies, and personalized support, we help learners improve their English skills, prepare for their exams, and build confidence.

englishsavvypro.ca

(250) 884-0517

joanne@englishsavvypro.ca

Populations Served
19+

Service Areas
British Columbia

Referral Process
Self-referral

Costs of Services
Sliding scale

Family Support Institute of BC

A volunteer based peer to peer mentorship program that supports the parents and caregivers of individuals with mental health or physical support needs.

familysupportbc.com

(604) 540-8374

fsi@fsibc.com

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
British Columbia

Referral Process
Self-referral and Community Partners

Costs of Services
We charge schools and school districts for our meals

FamilySmart

For over 20 years, we've been dedicated to child and youth mental health. By supporting families and caring adults, we ensure children and youth receive the exceptional care they deserve to thrive.

FamilySmart.ca

(250) 940-6105

Lisa.Tate@familysmart.ca

Populations Served
0-24

Service Areas
British Columbia

Referral Process
Self-referral

Costs of Services
Zero cost

Flourish!

Flourish ensures all students have access to healthy, locally sourced meals that support their health, learning, and long-term well-being. By partnering with local farmers and producers, we provide nutritious food that fuels growth, boosts academic success, and encourages lifelong healthy, sustainable eating habits.

flourishschoolfood.ca

(250) 661-8282

matthew@flourishschoolfood.ca

Populations Served
- 0-12 yrs
- 12-19 yrs

Service Areas
Capital Region

Costs of Services
We charge schools and school districts for our meals

Foundry West Shore Sooke

Operated by: THRIVE SOCIAL SERVICES SOCIETY

Opening in 2026, Foundry will support youth aged 12–24 in the West Shore, Sooke, and Port Renfrew with integrated services for mental health, substance use, physical and sexual health, social services, and peer support, in collaboration with local partners.

foundrywest.ca

(250) 888-8335

keaston@thrivevictoria.org

Populations Served
12-24

Service Areas
Westshore / Sooke

Referral Process
Self-referral

Costs of Services
Zero cost

Inter-Cultural Association of Greater Victoria

The Inter-Cultural Association of Greater Victoria (ICA) has supported over 70,000 newcomers for 50+ years, offering settlement, language, employment, youth, and family services while promoting diversity and inclusion across the community.

icavictoria.org

(250) 386-4395

reception@icavictoria.org

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Capital Region

Referral Process

- Self-referral
- Community Partners

Costs of Services
Zero cost

Island Health

Discovery Youth & Family Substance Use Services
Supporting youth and families with substance use concerns

250-519-5313
discovery.southisland@islandhealth.ca

Populations Served
12-20

Costs of Services
Zero cost

Service Areas
Capital Region

Referral Process
Self-referral, GP/NP, School based counsellor, parent/caregiver, community partner, MCFD

Healthy Schools
Our Healthy Schools Team consists of various health professionals that are committed to supporting school health in a planned, integrated, and holistic way.

The Supported Child Development Program
The Supported Child Development Program helps children with developmental needs be included in child care, working with families and providers to create support plans.

250-519-6961
scd_programsupport@islandhealth.ca

Populations Served
0– 19 years

Costs of Services
Zero cost

Referral Process
Families and care providers or health care professionals with parent/guardian permission

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Tobacco & Vapour Free Schools
The Tobacco & Vapour Prevention and Control Program works with schools to reduce use and exposure through dedicated coordinators.

tobaccoandvapour@islandhealth.ca

Populations Served
0– 19 years

Costs of Services
Zero cost

YSTAR

Voluntary, wraparound community based support for youth who use substances, multidisciplinary team comprised of outreach workers, social workers, nurses and supported by an NP and psychiatrist, harm reduction/education, system navigation.

ystar.victoria@islandhealth.ca

Populations Served

12-19 yrs

Costs of Services

Zero cost

Referral Process

- Self-referral
- Parent/Caregiver
- School
- MCFD
- Community partners

School Age Therapy Program

The School Age Program offers therapy to help children and youth achieve independence at school, home, and in the community.

250-519-6957

Holly.Robertson@islandhealth.ca

Populations Served

5-19 years

Costs of Services

Zero cost

Referral Process

We accept referrals from school-based teams with parent/guardian consent.

Island Health Youth Clinics

SD62 Wellness Centres offer health and wellness services for youth up to age 25 at Belmont, Royal Bay, and Edward Milne schools. Services include medical care and counselling, with appointments first come, first served.

(250) 519-3580

Populations Served

Under 25

Referral Process

Self-referral

Costs of Services

Zero cost

Island Health

Child, Youth, and Family Mental Health Programs

The tertiary mental health programs on the QA site provide assessment and treatment recommendations (inpatient programs) and outpatient treatment (outpatient programs) to children and youth who have exhausted community resources.

Populations Served
6-19

Costs of Services
Zero cost

Referral Process
CYMH

Service Areas
Vancouver Island

Nutrition Program

Public Health Dietitians support healthy growth, and optimal physical and mental health in children & youth, by promoting food/nutrition security, food literacy, and a positive relationship with food and eating.

Nadine.Bartels@islandhealth.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Costs of Services
Zero cost

Referral Process
Public Health Dietitians provide consultations and presentations for groups such as service providers, schools, and community groups.

Island Metis Family and Community Services Society

Island Métis family & community services society

Island Métis Family & Community Services Society has been serving the Métis community living on Vancouver Island, British Columbia since 1996. Our programming centres around child safety & family wellness.

metis.ca

250-391-9924

reception@metis.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Costs of Services
Zero Cost

Referral Process
Self-referral

Service Areas
Capital Region

KidSport Greater Victoria

KidSport Greater Victoria helps local children and youth living in financial need to access the benefits of organized sport, by helping with season-of-sport registration fees through ~200 eligible local sport organizations across the CRD.

www.kidsportvictoria.ca
(250)380-1518
admin@kidsportvictoria.ca

Populations Served
18 years and under

Service Areas
Capital Region

Referral Process
Self-referral

Costs of Services
Families submit applications for support *(currently up to $700 in season of sport registration fees per child, per calendar year)*

Learning Through Loss

At Learning Through Loss, we give youth the tools to face grief with courage and community with short-term counselling and grief resources.

learningthroughloss.org
250-413-3114
info@learningthroughloss.org

Populations Served
13-24

Service Areas
British Columbia

Military Family Resource Centre (MFRC)

The MFRC is a non-profit dedicated to strengthening military families by addressing the unique challenges of military life. Through programs and services that support relocation, absences, and more, we enhance resilience, quality of life, and community well-being.

cfmws.ca/esquimalt/esquimalt-military-family-resource-centre-(wmfrc)

(250) 363-5083

scottbranch@emfrc.com

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Capital Region

Referral Process
Self-referral

Costs of Services
Zero cost

NEED2: Suicide Prevention Education & Support

NEED2 works to create suicide safer communities through our in-school and community based education programs, and peer support group for those bereaved by suicide loss.

need2.ca

(250) 386-6328

admin@need2.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
British Columbia

Referral Process
Self-referral

Costs of Services
- Workshops are on a sliding scale
- The support group is free

New Foundations Program - MCC BC

New Foundations Program by MCC BC provides a supportive learning environment at no cost to newcomers to strengthen their financial skills, life skills and job skills for success in Canada.

Populations Served
19+ yrs

Service Areas
Vancouver Island

Referral Process
Self-referral

Costs of Services
Zero cost

mccbc.ca/new-foundations
(250) 532-0157
michellehardy@mccbc.ca

OneAbility Foundation

OneAbility fosters active living and sport participation for people with disabilities by facilitating connections, partnerships, advocacy, education and knowledge sharing among its' members and communities.

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Capital Region

Referral Process
Self-referral

Costs of Services
Zero cost

oneability.ca
250-216-4223
oneabilityed@gmail.com

Pacific Centre Family Services Association

Pacific Centre
Family Services Association

PCFSA provides trauma-informed, culturally safe care through programs like outreach, counselling, parenting support, substance use services, family violence counselling, specialized child therapy, and a Community Health Centre for those facing barriers to care.

pacificcentrefamilyservices.org

(250) 478-8357

lnelson@pcfsa.org

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Westshore / Sooke

Referral Process
- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services
- Zero cost
- Sliding scale

Pacific Institute for Sport Education

PISE
PACIFIC INSTITUTE FOR SPORT EDUCATION

PISE delivers sport education across South Vancouver Island, serving 10,000 children and youth annually. Managing the Pacific Institute for Sport Education facility, PISE promotes inclusion, physical literacy, and active living for all ages.

pise.ca

(250) 220-2500

info@pise.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Vancouver Island

Referral Process
Community partners

Costs of Services
Zero cost

Personal Protection Systems

THE WHITE HATTER

Provide students, teachers, parents, and caregivers with the knowledge and tools they need to succeed in today's digital world.

thewhitehatter.ca

250-478-9119

contact@thewhitehatter.ca

Populations Served
10+

Service Areas
British Columbia

Referral Process
- Self-referral
- MCFD
- Community Partners
- SD62

Costs of Services
500+ free resource pages, videos, advice and guides; paid education workshops starting at $9.99

Sea to Tree Foundation

Sea to Tree HEALTH & WELLNESS

The Sea to Tree Foundation enhances wellness in the Sooke Region by providing low-barrier mental health services. Our goal is to increase access to high-quality counseling for individuals, couples, and families facing financial insecurity through subsidies. We aim to offer these services with minimal wait times, in partnership with Sea to Tree Health & Wellness Ltd.

seatotreefoundation.ca

(778) 352-3115

info@seatotree.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Sooke

Referral Process
Self-referral

Costs of Services
Counseling subsidies offered according to financial need of applicant, and capacity of Foundation

SEAPARC Recreation Centre

SEAPARC Recreation Centre, a partnership between Sooke and the JDF Electoral Area, offers facilities, programs, and activities that create recreational opportunities for the community.

seaparc.ca

(250)642-8000

erhermosa@crd.bc.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Sooke

Referral Process
- Self-referral
- Community Living BC
- Community partners

Costs of Services
Sliding scale

Soap for Hope Canada

Soap For Hope Canada is a charity that repurposes hygiene products and linens for over 500 community facilities in B.C. and Alberta, reducing waste while restoring dignity for people in need.

soapforhopecanada.ca

250-590-1462

victoria@soapforhopecanada.ca

Populations Served
All ages

Service Areas
British Columbia

Referral Process
Community partners

Costs of Services
No cost for most of our hygiene products. 5% Admin fee on all orders

Sooke Family Resource Society

Sooke Family Resource Society provides people, of all ages and abilities, services and resources that encourage them to enhance skills, address challenges, and create a path forward.

sfrs.ca
(250) 642-5152
info@sfrs.ca

Populations Served
19 yrs+

Service Areas
Westshore / Sooke to Port Renfrew

Referral Process
- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services
- Sliding scale
- Zero cost

Soroptimist International Victoria Westshore

We support women, girls, and families by offering Education Awards and organizing North America's largest conference for young girls annually. Our initiatives include providing hampers for families, preparing meals for seniors through Better at Home, addressing food insecurity, and offering Stella's Lunch for isolated seniors. Our mission is to uplift and educate vulnerable community members, and we operate entirely through volunteers.

sivw.ca
250-704-9691
victoriawestshore@soroptimist.net

Populations Served
All ages

Service Areas
Capital Region

Referral Process
Self-referral

Costs of Services
to those we help but we fundraise and seek out sponsors to get the funds we need to do what we do to help families.

Sport Assist

SportAssist is a Langford based organization committed to the goal of keeping sport affordable and accessible to youth in our community, enabling anyone wanting to participate in an organized sport with the means and opportunity to do so.

sportassist.ca

Referral Process
Self-referral

Costs of Services
Zero cost

Service Areas
Westshore / Sooke

The Representative for Children and Youth

REPRESENTATIVE FOR CHILDREN AND YOUTH

Since 1984, we've worked alongside the communities of Southern Vancouver Island to enhance the strength, connection and resiliency of individuals, children, families and youth. We acknowledge the unceded territories of the Coast Salish Nations and Nuu-chah-nulth Nations of southern Vancouver Island.

rcybc.ca

(800) 663-9122

communityrelations@rcybc.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Westshore / Sooke to Port Renfrew

Referral Process
- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services
Sliding scale
Zero cost

Umbrella Society

Umbrella demonstrates excellence in the development and delivery of innovative and unique services to support individuals and their loved ones struggling with substance use issues.

umbrellasociety.ca

(778) 677-1799

sean@umbrellasociety.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Capital Region

Referral Process
Self-referral

Costs of Services
Zero cost

Thrive Social Services Society

Thrive is a CARF*-accredited agency offering a broad range of child, youth, and family services, including: family preservation and supervised access, parenting support, mental health outreach, individual and group supports for children and youth with support needs and services to youth in and out of government care.

thrivevictoria.org

(250) 818-8075

hyu@thrivevictoria.org

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Capital Region

Referral Process
- Self-referral
- MCFD only
- Community Living BC
- Community partners
- Referral sources are dependent on the program

Costs of Services
Zero cost

Vancouver Island Crisis Society

The Vancouver Island Crisis Society offers 24/7 crisis lines, chat, and text support, plus suicide prevention training in schools and workplaces. In partnership with Island Health, we connect people to crisis teams and provide a Resource Database for specialized help.

vicrisis.ca

(888) 494-3888

neilc@vicrisis.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Vancouver Island

Referral Process

- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services

Zero cost

Vancouver Island Counselling Centre for Immigrants and Refugees

VICCIR's mission is to provide specialized counselling and training services to: Assist refugees and immigrants who suffer from the effects of trauma and torture to the extent that their daily living is compromised.

viccir.org

(778) 922-6122

asmadi@viccir.org

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Capital Region

Referral Process

- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services

- Sliding scale
- Zero cost

Vancouver Island Regional Library - Sooke & Port Renfrew

We provide accessible and equitable child and youth services, fostering connections, inclusion, and empowerment across island and coastal communities.

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
South Vancouver Island

Referral Process
No Referral

Costs of Services
Zero cost

Website
virl.bc.ca

Phone Number
(250) 642-3022

Contact
Marina Griffin | mgriffin@virl.bc.ca

Victoria Child Abuse Prevention and Counselling Centre

VCAPCC supports children, youth, and families affected by sexual abuse and trauma through counselling, victim services, prevention, and education. It also operates Child and Youth Advocacy Centres in Victoria and the West Shore, providing safe, coordinated support with law enforcement and child protection partners.

vcapcc.com

(250) 727-8616

shawna.paul@vcapcc.com

Populations Served
- 0-12 yrs
- 12-19 yrs

Service Areas
Vancouver Island

Referral Process
- Self-referral
- MCFD only
- Community partners
- Police, schools, doctors

Costs of Services
Zero cost

Victoria Immigrant and Refugee Centre Society (VIRCS)

VIRCS assists in the adjustment and settlement of immigrants and refugees in Canada, and to provide services designed to increase newcomer's participation in Canadian Society, by assisting the newcomer, Immigrant and Refugee to overcome barriers.

vircs.bc.ca
(250) 361-9433
clientservice@vircs.bc.ca

Populations Served
12-19 years

Service Areas
Capital Region

Referral Process
- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services
Zero cost

The BC Newcomer Services Program (BCNSP)

A free program supporting work permit holders, study permit holders, refugee claimants, naturalized citizens, CUAET visa holders, and select provincial nominees. Services help newcomers settle, find employment, and integrate into communities across BC.

virccs.ca
(250) 384-9133
info@vircs.bc.ca

Populations Served
19+

Service Areas
Capital Region

Referral Process
Community Partners

Costs of Services
Zero Cost

Victoria Native Friendship Centre

VNFC provides wrap-around services including childcare, early childhood programs, family violence prevention, health and legal services, mental health and addictions support, education and employment programs, youth and Elders services, food and housing supports, and cultural events.

vnfc.ca
(250) 384-3211
reception@vnfc.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Capital Region

Referral Process
- Self-referral
- Community partners

Costs of Services
Zero cost

Victoria Sexual Assault Centre

Victoria Sexual Assault Centre
healing, education & prevention

VSAC is dedicated to supporting survivors, supporters, and community to heal from sexualized violence through healing services and education programs.

www.vsac.ca
250-383-3232
info@vsac.ca

Populations Served
Women and all trans survivors of sexual assault and childhood abuse and their families.

Service Areas
Capital Region

Referral Process
Self-referral

Costs of Services
Zero cost

Victoria Women's Transition House

Victoria Women's Transition House Society collaborates, advocates and educates to address and prevent intimate partner violence of women and children through supportive shelter, housing, counselling and other community-based services.

transitionhouse.net
(250) 592-2927
sumayas@vwth.bc.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Capital Region

Referral Process
- Self-referral
- MCFD only
- Community partners

Costs of Services
Zero cost

Victoria Youth Empowerment Society

YES supports youth and families in reaching their goals by respecting individuality, addressing diverse needs, and fostering healthy, safe environments.

vyes.ca
(250) 508-1279
intakecoordinator@vyes.ca

Populations Served
12-19 yrs

Service Areas
Capital Region

Referral Process
- Self-referral
- MCFD
- Community Partners

Costs of Services
Zero cost

Washington Kids Foundation

We offer 50+ programs that support youth in achieving immediate and long-term success, aligning with school curricula and promoting healthy, independent lifestyles.

thewkf.com
(250) 592-2927
lois@thewkf.com

Populations Served
12-19 yrs

Service Areas
Capital Region

Referral Process
Community partners

Costs of Services
Zero cost

West Shore Restorative Justice

Royal Canadian Mounted Police | Gendarmerie royale du Canada

The primary mandate of the West Shore Restorative Justice Program is to facilitate Community Justice Forums where the accused take ownership of their actions and agree to reparations thereby diverting offenders away from criminal courts.

rcmp.ca/en/bc/west-shore/programs-and-services/west-shore-restorative-justice

250-474-2264

westshore_restorative_justice@rcmp-grc.gc.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Westshore

Referral Process
Community partners

Costs of Services
Reimbursing community through money or community service

WorkBC Centre Westshore & Sooke

WorkBC Centre Westshore | Sooke

WorkBC Centre Westshore and Sooke provides employment services for unemployed British Columbians, including career assessments, virtual workshops, wage subsidies, funding for work essentials, and support for starting a business.

workbccentre-langford.ca/

(250) 478-9525

Populations Served
15+

Service Areas
Westshore / Sooke to Port Renfrew

Referral Process
Self-referral

Costs of Services
Zero cost

WorkLink Employment Society

WorkLink Employment Society
Your Community Employment Centre

WorkLink Employment Society, a non-profit charity serving Westshore, Sooke, and Port Renfrew since 1978, provides free employment services and the START program for youth aged 15–30.

worklink.bc.ca

(250) 478-9525

communications@worklink.bc.ca

Populations Served
15+

Service Areas
Westshore / Sooke to Port Renfrew

Referral Process
Self-referral

Costs of Services
Zero cost

Westshore Parks & Recreation

West Shore Parks & Recreation is dedicated to providing diverse and accessible recreational and sport opportunities that offer all West Shore residents excellent experiences for healthy active lifestyles.

wspr.ca
(250) 474-8606
nbrown@wspr.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Westshore

Referral Process
Self-referral

Costs of Services
- Zero cost
- Sliding scale

YMCA-YWCA Vancouver Island

YMCA/YWCA of Vancouver Island

We operate health, fitness, and aquatics facilities, childcare centres, Camp Thunderbird, youth housing and life skills programs, employment and mental health services, plus activities that promote healthy living, learning, and leadership.

vancouverislandy.com
(778) 584-7360
lmillott@vancouverislandy.ca

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Vancouver Island

Referral Process
- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services
- Sliding scale
- Zero cost
- Monthly/yearly memberships

some with discounts, government funding specific

Youth H.O.P.E. Mission

Youth H.O.P.E. Mission

Founded by a 16-year-old after losing her best friend to an overdose, Youth H.O.P.E. has trained 3,000+ people in naloxone use and overdose response. This youth-led program offers safe, stigma-free workshops on harm reduction, prevention, and substance use supports.

youthhopemission.ca
(778) 678-3327
youthhopemission@gmail.com

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Vancouver Island

Referral Process
Self-referral

Costs of Services
Zero cost

Not Registered

Greater Victoria Public Library

GREATER VICTORIA PUBLIC LIBRARY

GVPL provides free access to resources, welcoming spaces, and programming at 12 branches in the Greater Victoria area

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Greater Victoria

Costs of Services
Zero cost

Website
gvpl.ca

Phone Number
(226) 376-6463

Contact
Joe Melanson
jmelanson@gvpl.ca

Hulitan Family & Community Services Society

Hulitan preserves, unifies, and advocates for Indigenous families by supporting healing and fostering resilience through culturally rooted programs and services and collaboration with community partners.

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Greater Victoria

Referral Process
- Self-referral
- Community partners
- MCFD and Indigenous Child Welfare Agencies

Costs of Services
Zero cost

Website
hulitan.ca

Phone Number
(250) 384-9466

Email
ckelly@hulitan.ca

Not Registered

New Foundations Program



The New Foundations Program is a free 8-month poverty-reduction program for low-income newcomers to Canada. It offers support in financial literacy, job skills, community kitchens, and wellness. Childcare is provided for preschool children. The program, which has been running successfully in downtown Victoria for 5 years, is now being expanded to the West Shore to accommodate the increasing number of newcomers in the region.

Populations Served
- 19 yrs+
- Preschool children of the participants

Service Areas
South Vancouver Island

Referral Process
- Self-referral
- MCFD only
- Community partners

Costs of Services
Zero cost

Website
mcc.org

Phone Number
(778) 870-4573

Contact
Patti Holm | pattiholm@mccbc.ca

Sooke School District

Multicultural Support Workers from the ELL Department
Welcomes newcomers, builds relationships, supports home-school communication, and connects families to local service providers as needed.

Inclusion Coordinator
Collaborates with school-based teams, district-based teams, and outside agencies to support inclusive practices within the Sooke School District. Inclusion Coordinators serve K-12 schools and play an integral role in helping schools with key elements of student education, including student screening, IEP development, and Innovative programming.

Populations Served
- 0-12 yrs
- 12-19 yrs

Service Areas
Langford and Sooke

Referral Process
Families would be referred by school staff.

Costs of Services
Zero cost

Not Registered

Sooke Options for Community Living Association

Sooke Options for Community Living Association exists to provide opportunities for personal growth, independence, and participation in the community for people who live with developmental and physical disabilities, and to provide support to their families and caregivers.

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
Sooke

Referral Process
- Community Living BC
- MCFD only
- Community partners

Costs of Services
- Zero cost
- Sliding scale

Website
socla.ca

Phone Number
(250) 514-2484

Contact
Nicole Meek and Jessica Pesant
executivedirector@socla.ca

South Island Wellness Society

Serve and advocate for indigenous families both on and off reserve through collaborative facilitated process with MCFD, and support services connecting individuals to skills and resources.

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
South Vancouver Island

Referral Process
- Self-referral
- MCFD only
- Community partners

Costs of Services
Zero cost

Website
siws.ca

Phone Number
(778) 426-2997

Contact
Lila Underwood | admin@siws.ca

Not Registered

Vancouver Island Regional Library - Sooke & Port Renfrew

We provide accessible and equitable child and youth services, fostering connections, inclusion, and empowerment across island and coastal communities.

Populations Served
- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
South Vancouver Island

Referral Process
No Referral

Costs of Services
Zero cost

Website
virl.bc.ca

Phone Number
(250) 642-3022

Contact
Vicki Dolling | vdolling@virl.bc.ca