



THE Village
INITIATIVE

Helping children, youth and families thrive

Child & Youth Service Providers Networking Event

Wednesday, October 28th, 2026

Service Provider Reference Guide

*This resource list was produced with the support of
WorkLink Employment Society*

*Service areas are summarized for quick reference.
Please confirm eligibility and geographic coverage
with the organization directly.*

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Anney's Closet Society



To provide free household items to people in need by collecting household donations from the community and repurposing them into "stores" for our clients to shop. We divert items from the landfill and in turn serve a vulnerable community.

 anneyscloset.ca

 anneysbookings@gmail.com

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

South Vancouver
Island

Referral Process

Community partners

Costs of Services

Zero cost

BGC South Vancouver Island



To provide safe, supportive places where children and youth can experience new opportunities, overcome barriers, build positive relationships, and develop confidence and skills for life.

 <https://bgcsvi.org>

 250-384-9133

 admin@bgcsvi.org

Populations Served

- 0-12 yrs
- 12-19 yrs

Service Areas

South Vancouver Island

Referral Process

- Family or Self-referral
- MCFD only
- Community partners
- School Staff

Costs of Services

- Zero cost
- Sliding scale

Big Brothers Big Sisters of Victoria



Our mission is to enable life-changing mentoring relationships to ignite the power and potential of young people. Mentored youth have the confidence and support they need to grow into whoever they dream of being.

 victoria.bigbrothersbigsisters.ca

 250-475-1117

 main.victoria@bigbrothersbigsisters.ca

Populations Served
12-19

Service Areas
Capital Region

Referral Process

- Family
- School staff
- MCFD
- Community partners

Costs of Services
Zero cost

Caring Families Society



We work to establish a nurturing environment for caregivers – “A Supportive Culture” – that empowers the foster caregivers of the region to become involved, and increases their caregiver competency, awareness and accountability.

 <https://caring-families.ca>

 [\(778\) 430-5459](tel:(778)430-5459)

 execdirect@caring-families.ca

Populations Served

- 19 yrs+ (caregivers)

Service Areas

Vancouver
Island

Referral Process

- Self-referral
- MCFD
- Community partners
- SD62

Costs of Services

Zero cost



COMMUNITY SOCIAL PLANNING COUNCIL
Insights · Dialogue · Solutions

The Community Social Planning Council advocates for equity and better quality of life in Greater Victoria through community-based research and analysis, engaging with citizens, informing policy, and service delivery.

Rent Bank

Supporting individuals and families facing eviction through interest-free micro loans, grants, and community referrals.

<https://communitycouncil.ca/rentbank/>

(250) 383-6166 ext. 1

greatervictoriarentbank@communitycouncil.ca

Populations Served

19 yrs+

Service Areas

Capital Region

Referral Process

Self-referral

Costs of Services

Zero cost

Coordinated ID Service

Client-based, proactive and respectful ID services for people who need it most. Services include managing the application process, waiver of fees, and safe storage of ID.

<https://communitycouncil.ca/id-service/>

(250) 383-6166 ext. 6

idservice@communitycouncil.ca

Populations Served

- 12-19 yrs
- 19 yrs+

Service Areas

Capital Region

Referral Process

Self-referral

Costs of Services

Zero cost

Construction Foundation of BC (CFBC)



CFBC provides free services for clients that support entry into and growth within the construction industry in BC. This includes skills training, youth-focused programs, credential recognition, career development, certification support, and connections to industry and community resources.

 cfbc.ca/we/

 (250) 220- 5861

 info@cfbc.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

British Columbia

Referral Process

- Self-referral
- Community Partners

Costs of Services

Zero cost

Edward Milne Community School Society



The EMCS Society Program Office works to build partnerships with individuals and organizations in the community to provide life-long learning opportunities for people of all ages in the Sooke Region.

 emcsprograms.ca

 (250) 642-6371

 emcsprograms@sd62.bc.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Sooke

Referral Process

Self-referral

Costs of Services

- Zero cost
- Sliding scale

English Savvy Pro



A Canada-based online coaching service to help newcomer families prepare for Canadian English language tests by providing high-quality instruction, practical strategies, and supportive learning environments that promote success and confidence.

Populations Served

19+

Service Areas

British Columbia

Referral Process

Self-referral

Costs of Services

Zero cost

 englishsavvypro.ca

 (250) 884-0517

 joanne@englishsavvypro.ca

Family Support Institute of BC



A volunteer based peer to peer mentorship program that supports the parents and caregivers of individuals with mental health or physical support needs.

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

British Columbia

Referral Process

Self-referral and
Community Partners

Costs of Services

We charge schools
and school districts
for our meals

 familysupportbc.com

 (604) 540-8374

 fsi@fsibc.com



For over 20 years, we've been dedicated to child and youth mental health. By supporting families and caring adults, we ensure children and youth receive the exceptional care they deserve to thrive.

 FamilySmart.ca

 (250) 940-6105

 Lisa.Tate@familysmart.ca

Populations Served

0-24

Service Areas

British Columbia

Referral Process

Self-referral

Costs of Services

Zero cost

Flourish!



Flourish ensures all students have access to healthy, locally sourced meals that support their health, learning, and long-term well-being. By partnering with local farmers and producers, we provide nutritious food that fuels growth, boosts academic success, and encourages lifelong healthy, sustainable eating habits.

 flourishschoolfood.ca

 (250) 661-8282

 matthew@flourishschoolfood.ca

Populations Served

- 0-12 yrs
- 12-19 yrs

Service Areas

Capital Region

Costs of Services

We charge schools and school districts for our meals

Foundry West Shore Sooke



Operated by:



Opening in 2026, Foundry will support youth aged 12–24 in the West Shore, Sooke, and Port Renfrew with integrated services for mental health, substance use, physical and sexual health, social services, and peer support, in collaboration with local partners.

 foundrywest.ca

 (250) 888-8335

 keaston@thrivevictoria.org

Populations Served

12–24

Service Areas

Westshore /
Sooke

Referral Process

Self-referral

Costs of Services

Zero cost

Inter-Cultural Association of Greater Victoria



**Inter-Cultural
Association**
of Greater Victoria

The Inter-Cultural Association of Greater Victoria (ICA) has supported over 70,000 newcomers for 50+ years, offering settlement, language, employment, youth, and family services while promoting diversity and inclusion across the community.

 icavictoria.org

 (250) 386-4395

 reception@icavictoria.org

Populations Served

- 0–12 yrs
- 12–19 yrs
- 19 yrs+

Service Areas

Capital Region

Referral Process

- Self-referral
- Community Partners

Costs of Services

Zero cost

Discovery Youth & Family Substance Use Services

Supporting youth and families
with substance use concerns



250-519-5313



discovery.southisland@islandhealth.ca

Populations Served

12-20

Costs of Services

Zero cost

Service Areas

Capital Region

Referral Process

Self-referral, GP/NP,
School based
counsellor,
parent/caregiver,
community partner,
MCFD

Healthy Schools

Our Healthy Schools Team consists of various health professionals that are committed to supporting school health in a planned, integrated, and holistic way.

The Supported Child Development Program

The Supported Child Development Program helps children with developmental needs be included in child care, working with families and providers to create support plans.



250-519-6961



scd_programsupport@islandhealth.ca

Populations Served

0- 19 years

Costs of Services

Zero cost

Referral Process

Families and care
providers or
health care
professionals
with
parent/guardian
permission

Tobacco & Vapour Free Schools

The Tobacco & Vapour Prevention and Control Program works with schools to reduce use and exposure through dedicated coordinators.



tobaccoandvapour@islandhealth.ca

Populations Served

0- 19 years

Costs of Services

Zero cost

YSTAR

Voluntary, wraparound community based support for youth who use substances, multidisciplinary team comprised of outreach workers, social workers, nurses and supported by an NP and psychiatrist, harm reduction/education, system navigation.

Populations Served

12-19 yrs

Costs of Services

Zero cost

Referral Process

- Self-referral
- Parent/Caregiver
- School
- MCFD
- Community partners

✉ ystar.victoria@islandhealth.ca

School Age Therapy Program

The School Age Program offers therapy to help children and youth achieve independence at school, home, and in the community.

☎ 250-519-6957

✉ Holly.Robertson@islandhealth.ca

Populations Served

5-19 years

Costs of Services

Zero cost

Referral Process

We accept referrals from school-based teams with parent/guardian consent.

Island Health Youth Clinics

SD62 Wellness Centres offer health and wellness services for youth up to age 25 at Belmont, Royal Bay, and Edward Milne schools. Services include medical care and counselling, with appointments first come, first served.

☎ (250) 519-3580

Populations Served

Under 25

Referral Process

Self-referral

Costs of Services

Zero cost

Child, Youth, and Family Mental Health

Programs

The tertiary mental health programs on the QA site provide assessment and treatment recommendations (inpatient programs) and outpatient treatment (outpatient programs) to children and youth who have exhausted community resources.

Populations Served

6-19

Costs of Services

Zero cost

Referral Process

CYMH

Service Areas

Vancouver Island

Nutrition Program

Public Health Dietitians support healthy growth, and optimal physical and mental health in children & youth, by promoting food/nutrition security, food literacy, and a positive relationship with food and eating.

✉ Nadine.Bartels@islandhealth.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Costs of Services

Zero cost

Referral Process

Public Health Dietitians provide consultations and presentations for groups such as service providers, schools, and community groups.

Island Metis Family and Community Services Society



Island Métis Family & Community Services Society has been serving the Métis community living on Vancouver Island, British Columbia since 1996. Our programming centres around child safety & family wellness.

🌐 metis.ca

📞 250-391-9924

✉ reception@metis.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Costs of Services

Zero Cost

Referral Process

Self-referral

Service Areas

Capital Region

KidSport Greater Victoria



KidSport Greater Victoria helps local children and youth living in financial need to access the benefits of organized sport, by helping with season-of-sport registration fees through ~200 eligible local sport organizations across the CRD.

 www.kidsportvictoria.ca

 (250)380-1518

 admin@kidsportvictoria.ca

Populations Served

18 years
and under

Service Areas

Capital Region

Referral Process

Self-referral

Costs of Services

Families submit applications for support (currently up to \$700 in season of sport registration fees per child, per calendar year)

Learning Through Loss



At Learning Through Loss, we give youth the tools to face grief with courage and community with short-term counselling and grief resources.

 learningthroughloss.org

 250-413-3114

 info@learningthroughloss.org

Populations Served

13-24

Service Areas

British Columbia

Military Family Resource Centre (MFRC)



The MFRC is a non-profit dedicated to strengthening military families by addressing the unique challenges of military life. Through programs and services that support relocation, absences, and more, we enhance resilience, quality of life, and community well-being.

[cfmws.ca/esquimalt/esquimalt-military-family-resource-centre-\(wmfrc\)](http://cfmws.ca/esquimalt/esquimalt-military-family-resource-centre-(wmfrc))

 (250) 363-5083

 scottbranch@emfrc.com

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Capital Region

Referral Process

Self-referral

Costs of Services

Zero cost

NEED2: Suicide Prevention Education & Support



NEED2 works to create suicide safer communities through our in-school and community based education programs, and peer support group for those bereaved by suicide loss.

 need2.ca

 (250) 386-6328

 admin@need2.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

British Columbia

Referral Process

Self-referral

Costs of Services

- Workshops are on a sliding scale
- The support group is free



New Foundations Program by MCC BC provides a supportive learning environment at no cost to newcomers to strengthen their financial skills, life skills and job skills for success in Canada.

Populations Served
19+ yrs

Service Areas
Vancouver
Island

Referral Process
Self-referral

Costs of Services
Zero cost

 mccbc.ca/new-foundations

 (250) 532-0157

 michellehardy@mccbc.ca

NEED2: Suicide Prevention Education & Support



NEED2 works to create suicide safer communities through our in-school and community based education programs, and peer support group for those bereaved by suicide loss.

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas
British Columbia

Referral Process
Self-referral

Costs of Services

- Workshops are on a sliding scale
- The support group is free

 need2.ca

 (250) 386-6328

 admin@need2.ca



OneAbility fosters active living and sport participation for people with disabilities by facilitating connections, partnerships, advocacy, education and knowledge sharing among its' members and communities.



oneability.ca



250-216-4223



oneabilityed@gmail.com

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Capital Region

Referral Process

Self-referral

Costs of Services

Zero cost

Pacific Centre Family Services Association



Pacific Centre
Family Services Association

PCFSA provides trauma-informed, culturally safe care through programs like outreach, counselling, parenting support, substance use services, family violence counselling, specialized child therapy, and a Community Health Centre for those facing barriers to care.



pacificcentrefamilyservices.org



(250) 478-8357



lnelson@pcfsa.org

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Westshore /
Sooke

Referral Process

- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services

- Zero cost
- Sliding scale



PiSE delivers sport education across South Vancouver Island, serving 10,000 children and youth annually. Managing the Pacific Institute for Sport Education facility, PiSE promotes inclusion, physical literacy, and active living for all ages.

 pise.ca

 (250) 220-2500

 info@pise.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Vancouver
Island

Referral Process

Community
partners

Costs of Services

Zero cost

Pediatric Power Play

Pediatric Power Play

To provide every child with a trustworthy adult who can support them in becoming the person they want to be while accomplishing the dreams they never thought would be possible in their lifetime.

 pediatricpowerplay.ca

 250-882-4753

 info@pediatricpowerplay.ca

Populations Served

0-19

Service Areas

Westshore

Referral Process

Self-referral

Costs of Services

Sliding scale

Personal Protection Systems

THE WHITE HATTER

Provide students, teachers, parents, and caregivers with the knowledge and tools they need to succeed in today's digital world.

 thewhitehatter.ca

 250-478-9119

 contact@thewhitehatter.ca

Populations Served

10+

Service Areas

British Columbia

Referral Process

- Self-referral
- MCFD
- Community Partners
- SD62

Costs of Services

500+ free resource pages, videos, advice and guides; paid education workshops starting at \$9.99

Sea to Tree Foundation



The Sea to Tree Foundation enhances wellness in the Sooke Region by providing low-barrier mental health services. Our goal is to increase access to high-quality counseling for individuals, couples, and families facing financial insecurity through subsidies. We aim to offer these services with minimal wait times, in partnership with Sea to Tree Health & Wellness Ltd.

 seatotreefoundation.ca

 (778) 352-3115

 info@seatotree.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Sooke

Referral Process

Self-referral

Costs of Services

Counseling subsidies offered according to financial need of applicant, and capacity of Foundation

SEAPARC Recreation Centre



SEAPARC Recreation Centre, a partnership between Sooke and the JDF Electoral Area, offers facilities, programs, and activities that create recreational opportunities for the community.



seaparc.ca



(250)642-8000



erhermosa@crd.bc.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Sooke

Referral Process

- Self-referral
- Community Living BC
- Community partners

Costs of Services

Sliding scale

Soap for Hope Canada



Soap For Hope Canada is a charity that repurposes hygiene products and linens for over 500 community facilities in B.C. and Alberta, reducing waste while restoring dignity for people in need.



soapforhopecanada.ca



250-590-1462



victoria@soapforhopecanada.ca

Populations Served

All ages

Service Areas

British Columbia

Referral Process

Community partners

Costs of Services

No cost for most of our hygiene products. 5% Admin fee on all orders

Sooke Family Resource Society



Sooke Family Resource Society provides people, of all ages and abilities, services and resources that encourage them to enhance skills, address challenges, and create a path forward.



sfrs.ca



(250) 642-5152



info@sfrs.ca

Populations Served

19 yrs+

Service Areas

Westshore / Sooke to Port Renfrew

Referral Process

- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services

- Sliding scale
- Zero cost

Soroptimist International Victoria Westshore

We support women, girls, and families by offering Education Awards and organizing North America's largest conference for young girls annually. Our initiatives include providing hampers for families, preparing meals for seniors through Better at Home, addressing food insecurity, and offering Stella's Lunch for isolated seniors. Our mission is to uplift and educate vulnerable community members, and we operate entirely through volunteers.



sivw.ca



250-704-9691



Loreli.sivw@gmail.com



SOROPTIMIST
International of Victoria Westshore
Best for Women

Populations Served

All ages

Service Areas

Capital Region

Referral Process

Self-referral

Costs of Services

to those we help but we fundraise and seek out sponsors to get the funds we need to do what we do to help families.





SportAssist is a Langford based organization committed to the goal of keeping sport affordable and accessible to youth in our community, enabling anyone wanting to participate in an organized sport with the means and opportunity to do so.

 sportassist.ca

Referral Process

Self-referral

Costs of Services

Zero cost

Service Areas

Westshore / Sooke

The Representative for Children and Youth



REPRESENTATIVE FOR CHILDREN AND YOUTH

Since 1984, we've worked alongside the communities of Southern Vancouver Island to enhance the strength, connection and resiliency of individuals, children, families and youth. We acknowledge the unceded territories of the Coast Salish Nations and Nuu-chah-nulth Nations of southern Vancouver Island.

 rcybc.ca

 (800) 663-9122

 communityrelations@rcybc.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Westshore / Sooke to Port
Renfrew

Referral Process

- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services

Sliding scale
Zero cost

Umbrella Society



Umbrella demonstrates excellence in the development and delivery of innovative and unique services to support individuals and their loved ones struggling with substance use issues.

 umbrellasociety.ca

 (778) 677-1799

 sean@umbrellasociety.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Capital Region

Referral Process

Self-referral

Costs of Services

Zero cost

Thrive Social Services Society



Thrive is a CARF*-accredited agency offering a broad range of child, youth, and family services, including: family preservation and supervised access, parenting support, mental health outreach, individual and group supports for children and youth with support needs and services to youth in and out of government care.

 thrivevictoria.org

 (250) 818-8075

 hyu@thrivevictoria.org

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Capital Region

Referral Process

- Self-referral
- MCFD only
- Community Living BC
- Community partners
- Referral sources are dependent on the program

Costs of Services

Zero cost

Vancouver Island Crisis Society



The Vancouver Island Crisis Society offers 24/7 crisis lines, chat, and text support, plus suicide prevention training in schools and workplaces. In partnership with Island Health, we connect people to crisis teams and provide a Resource Database for specialized help.

 vicrisis.ca

 (888) 494-3888

 neilc@vicrisis.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Referral Process

- Self-referral
- MCFD only
- Community Living BC
- Community partners

Service Areas

Vancouver
Island

Costs of Services

Zero cost

Vancouver Island Counselling Centre for Immigrants and Refugees



VICCIR's mission is to provide specialized counselling and training services to: Assist refugees and immigrants who suffer from the effects of trauma and torture to the extent that their daily living is compromised.

 viccir.org

 (778) 922-6122

 asmadi@viccir.org

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Referral Process

- Self-referral
- MCFD only
- Community Living BC
- Community partners

Service Areas

Capital Region

Costs of Services

- Sliding scale
- Zero cost

Victoria Child Abuse Prevention and Counselling Centre



VCAPCC supports children, youth, and families affected by sexual abuse and trauma through counselling, victim services, prevention, and education. It also operates Child and Youth Advocacy Centres in Victoria and the West Shore, providing safe, coordinated support with law enforcement and child protection partners.

 vcapcc.com

 (250) 727-8616

 shawna.paul@vcapcc.com

Populations Served

- 0-12 yrs
- 12-19 yrs

Service Areas

Vancouver
Island

Referral Process

- Self-referral
- MCFD only
- Community partners
- Police, schools, doctors

Costs of Services

Zero cost

Victoria Immigrant and Refugee Centre Society (VIRCS)



VIRCS assists in the adjustment and settlement of immigrants and refugees in Canada, and to provide services designed to increase newcomer's participation in Canadian Society, by assisting the newcomer, Immigrant and Refugee to overcome barriers.

 vircs.bc.ca

 (250) 361-9433

 clientservice@vircs.bc.ca

Populations Served

12-19 years

Service Areas

Capital Region

Referral Process

- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services

Zero cost

The BC Newcomer Services Program (BCNSP)

A free program supporting work permit holders, study permit holders, refugee claimants, naturalized citizens, CUAET visa holders, and select provincial nominees. Services help newcomers settle, find employment, and integrate into communities across BC.

 vircs.ca

 (250) 384-9133

 info@vircs.bc.ca

Populations Served

19+

Service Areas

Capital Region

Referral Process

Community
Partners

Costs of Services

Zero Cost

Victoria Native Friendship Centre



VNFC provides wrap-around services including childcare, early childhood programs, family violence prevention, health and legal services, mental health and addictions support, education and employment programs, youth and Elders services, food and housing supports, and cultural events.

 vnfc.ca

 (250) 384-3211

 reception@vnfc.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Capital Region

Referral Process

- Self-referral
- Community partners

Costs of Services

Zero cost

Victoria Sexual Assault Centre



VSAC is dedicated to supporting survivors, supporters, and community to heal from sexualized violence through healing services and education programs.

 www.vsac.ca

 250-383-3232

 info@vsac.ca

Populations Served

Women and all trans survivors of sexual assault and childhood abuse and their families.

Service Areas

Capital Region

Referral Process

Self-referral

Costs of Services

Zero cost

Victoria Women's Transition House



Victoria Women's Transition House Society collaborates, advocates and educates to address and prevent intimate partner violence of women and children through supportive shelter, housing, counselling and other community-based services.

 transitionhouse.net

 (250) 592-2927

 sumayas@vwth.bc.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Capital Region

Referral Process

- Self-referral
- MCFD only
- Community partners

Costs of Services

Zero cost

Victoria Youth Empowerment Society



YES supports youth and families in reaching their goals by respecting individuality, addressing diverse needs, and fostering healthy, safe environments.

 vyes.ca

 (250) 508-1279

 intakecoordinator@vyes.ca

Populations Served

12-19 yrs

Referral Process

- Self-referral
- MCFD
- Community Partners

Service Areas

Capital Region

Costs of Services

Zero cost

Washington Kids Foundation



We offer 50+ programs that support youth in achieving immediate and long-term success, aligning with school curricula and promoting healthy, independent lifestyles.

 thewkf.com

 (250) 592-2927

 lois@thewkf.com

Populations Served

12-19 yrs

Referral Process

Community partners

Service Areas

Capital Region

Costs of Services

Zero cost

West Shore Child and Youth Mental Health



Westshore Child and Youth Mental Health (CYMH) provides free, voluntary mental health services for children, youth, and their families. Support includes assessment and treatment for concerns such as anxiety, depression, behavioural challenges, trauma, self-harm, and suicidal thoughts.

Populations Served

0-18 yrs

Service Areas

Westshore

Referral Process

Self-referral

Costs of Services

Zero cost

 <https://bit.ly/4p3cLtS>

 250-391-2223

 lois@thewkf.com

South Vancouver Island Eating Disorders Program

South Island EDP serves youth and adults dealing with eating disorders.

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

South Vancouver
Island

Referral Process

Physician/NP
only

Costs of Services

Zero cost

CYMH - Indigenous and Sooke

Child and youth mental health support including mental health clinicians, psychologists and psychiatry.

Populations Served

12-19 yrs

Service Areas

Capital Region

Referral Process

Self-referral

Costs of Services

Zero cost

West Shore Restorative Justice



Royal Canadian Mounted Police
Gendarmerie royale du Canada

The primary mandate of the West Shore Restorative Justice Program is to facilitate Community Justice Forums where the accused take ownership of their actions and agree to reparations thereby diverting offenders away from criminal courts.

 rcmp.ca/en/bc/west-shore/programs-and-services/west-shore-restorative-justice

 250-474-2264

 westshore_restorative_justice@rcmp-grc.gc.ca

Populations Served

- 0-12 yrs
- 12-19 yrs
- 19 yrs+

Service Areas

Westshore

Referral Process

Community partners

Costs of Services

Reimbursing community through money or community service

WorkBC Centre Westshore & Sooke

WorkBC Centre Westshore | Sooke

WorkBC Centre Westshore and Sooke provides employment services for unemployed British Columbians, including career assessments, virtual workshops, wage subsidies, funding for work essentials, and support for starting a business.

 workbccentre-langford.ca/

 (250) 478-9525

Populations Served

15+

Service Areas

Westshore /
Sooke to Port Renfrew

Referral Process

Self-referral

Costs of Services

Zero cost



WorkLink Employment Society, a non-profit charity serving Westshore, Sooke, and Port Renfrew since 1978, provides free employment services and the START program for youth aged 15–30.



worklink.bc.ca



(250) 478-9525



communications@worklink.bc.ca

Populations Served

15+

Service Areas

Westshore /
Sooke to Port Renfrew

Referral Process

Self-referral

Costs of Services

Zero cost

Westshore Parks & Recreation



West Shore Parks & Recreation is dedicated to providing diverse and accessible recreational and sport opportunities that offer all West Shore residents excellent experiences for healthy active lifestyles.



wspr.ca



(250) 474-8606



nbrown@wspr.ca

Populations Served

- 0–12 yrs
- 12–19 yrs
- 19 yrs+

Service Areas

Westshore

Referral Process

Self-referral

Costs of Services

- Zero cost
- Sliding scale

YMCA–YWCA Vancouver Island



We operate health, fitness, and aquatics facilities, childcare centres, Camp Thunderbird, youth housing and life skills programs, employment and mental health services, plus activities that promote healthy living, learning, and leadership.

 vancouverislandy.com

 (778) 584-7360

 lmillott@vancouverislandy.ca

Populations Served

- 0–12 yrs
- 12–19 yrs
- 19 yrs+

Service Areas

Vancouver Island

Referral Process

- Self-referral
- MCFD only
- Community Living BC
- Community partners

Costs of Services

- Sliding scale
- Zero cost
- Monthly/yearly memberships

some with discounts, government funding specific

Youth H.O.P.E. Mission



Founded by a 16-year-old after losing her best friend to an overdose, Youth H.O.P.E. has trained 3,000+ people in naloxone use and overdose response. This youth-led program offers safe, stigma-free workshops on harm reduction, prevention, and substance use supports.

 youthhopemission.ca

 (778) 678-3327

 youthhopemission@gmail.com

Populations Served

- 0–12 yrs
- 12–19 yrs
- 19 yrs+

Service Areas

Vancouver Island

Referral Process

Self-referral

Costs of Services

Zero cost